Dear Parents/Guardians,

It has been a very busy fortnight at Pittsworth SHS with our senior investiture occurring, Mighty Minds working with our senior students, Internet Safe Education delivering presentations on cyber safety, Inner Downs Sports Trials and preparations for our swimming carnival gearing up. Thank you to the Jubilee committee for organising commemorative badges for all of our students to mark the 50th anniversary of our official opening. I also had the pleasure of attending Millmerran’s 2017 Investiture Ceremony and wish their community all the best for 2017.

Annual Implementation Plan

At the beginning of each year, school’s across the state set some targets for student outcomes. At Pittsworth SHS we have identified two areas of priority for 2017.

1) We aim to improve the number of students achieving A – C results on their report card with a focus on improving the number of A results each semester.
2) We aim to improve our Year 12 Outcomes with a focus on increasing the number of students exiting with their Queensland Certificate of Education or their Queensland Certificate of Individual Achievement.

To achieve these improvements some of the areas we will focus on this year include:

21St Century Fluencies - We will continue to work on developing student’s abilities to think independently and problem solve in all subject areas.

Coaching - Our teachers have now commenced a coaching cycle where they will visit each other’s classrooms and provide feedback on the quality of the lesson and where improvements can be made.

Attendance - Students must maintain high levels of attendance to be successful and will be monitored throughout the year.

Aerosol Cans

Due to the severe sensitivity of some of our community members aerosol sprays are not permitted at Pittsworth SHS. An ambulance had to be called last week following a serious incident involving a staff member and their reaction to spray cans. Parents and caregivers, please ensure that spray cans are not brought to school and that roll-on deodorants are substituted in their place.

P and Citizens Association

I had the pleasure of attending my first P&C Association meeting last Tuesday night. This is a very important organisation in building relationship between the school and the community and in supporting our students. I would encourage parents and carers to join, especially our new families. I look forward to meeting new members at the next meeting at 6pm on 21st March in the school administration building.

Cyber-Safety Presentation

There were some interesting observations made by Brett Lee during his cyber-safety presentation. One of his strongest suggestions was that mobile devices and laptops be stored in a common area of the house to allow students an undisturbed night’s sleep so that they are fully functioning when they arrive at school. This also reduces exposure to unsafe situations on the internet.

Attendance (Year to Date)

Well done to the students of B5 who have the highest attendance to date at 97.7%. Our attendance figures at the end of Week 4 are:

<table>
<thead>
<tr>
<th>YEAR LEVEL</th>
<th>PERCENTAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td>94.37</td>
</tr>
<tr>
<td>Year 8</td>
<td>92.86</td>
</tr>
<tr>
<td>Year 9</td>
<td>93.91</td>
</tr>
<tr>
<td>Year 10</td>
<td>85.64</td>
</tr>
<tr>
<td>Year 11</td>
<td>90.93</td>
</tr>
<tr>
<td>Year 12</td>
<td>93.50</td>
</tr>
</tbody>
</table>

James O’Neill
Principal
Deputy’s Desk

Shake and Stir’s ‘Oversharer’
Year 7 and 8 students were wowed by the talented crew from Shake and Stir last Friday when they performed ‘Oversharer’, a powerful comment on the obsession society has with sharing on social media. A series of true stories were explored through various characters grappling with the fall out associated with a ‘me’ culture void of empathy. Feedback from students was overwhelmingly positive. This valuable resource will certainly be used as a reference point when future issues around technology arise.

Year 7 Camp Correction
Please note that camp letters distributed last week indicate students will be away Monday - Wednesday of Week 1, Term 2. Year 7 camp will be Wednesday 19th April to Friday 21st April. Apologies for any confusion.

School Photos
A reminder that full formal uniforms are required for school photos on Wednesday. Students may change into sports uniforms for HPE classes as required.

Donation to Manual Arts
A huge thank you must go to Downer for their kind contribution to the Manual Arts department. Last week, Maintenance Superintendent Daniel Waters and past student Jai Klein delivered a variety of goods to the school including welding, safety and lifting equipment, a storage cabinet and a Mitsubishi diesel engine. All of these donations will be used in both Engineering and Automotive Studies and have been greatly appreciated.

Brainy Breakfasts
It’s the most important meal of the day - but one in four Australian teens skip breakfast! Why shouldn’t we skip breakfast?

- At school, a hungry teen can lose concentration in class
- Skipping breakfast has been shown to have a negative effect on learning ability
- Can lead to excess weight gain
- If you skip breakfast, you are more likely to be hungry by mid-morning, which can lead to snacking on unhealthy foods

A good, healthy breakfast every day is the best defence against this happening. It also helps teens to establish good habits they can carry through life.

Breakfast can include all sorts of options: cereals, bread, fruit, dairy products (such as eggs, milk, yoghurt and cheese) and meats. Some simple ideas:

- Wholegrain toast with a thin spread of jam, honey or vegemite
- Toasted Raisin bread or fruit loaf
- Wholegrain cereal with milk and chopped fruit such as banana, berries or canned fruit
- Hot porridge with milk and some fruit
- Yoghurt topped with a muesli style cereal and chopped fruit
- Baked beans with wholegrain toast
- Scrambled or poached eggs with toast and a glass of milk
- Wholegrain muffins with a slice of cheese and tomato and a piece of fruit
- Sliced banana and a small tub of yoghurt
- Fresh fruit and yoghurt
- Fruit smoothies made on fresh or canned fruit

Many studies have shown that having breakfast before school improves concentration, reaction time, learning ability, test grades, school attendance, mood and memory. The brain’s only source of energy is glucose, so if you don’t eat anything for breakfast, your brain is less likely to function efficiently.

Fiona Flegler
School Youth Health Nurse

Teaching Beyond Our School Grounds
Year 11 and 12 Early Childhood students are going beyond the school grounds; every Thursday morning our enthusiastic students assist at the C & K Kindergarten in Pittsworth. They help in a variety of ways from taking small groups and teaching art activities; putting up posters, preparing resources, cleaning, to tying up those endless shoe laces. Being in the setting of an Early Childhood situation is the ultimate preparation for our students to operate as independent, reflective and self-directed learners.

Along with developing professional interactions with Early Childhood Experts, observing children and reflecting on behaviour management strategies, our students are contributing to a valuable part of our Pittsworth community.

This term, our students are completing the ‘Galleries on Show’ unit, where we are exploring how creative studies can be implemented in a broad range of subjects. We are currently evaluating visual arts; music and singing; use of language; movement and dance and dramatic play. This course has become very valuable in the vocational skills required by our students at Pittsworth State High School. We now have a number of students who have completed this course currently engaged in University Studies; completing further Early Childhood Studies at TAFE; working as Nannies overseas; and currently employed in a variety of Early Childhood settings.

Mrs Deborah Burton
Early Childhood Coordinator
SCHOOL PHOTOS
School Photos will be taken on 1st March (Wednesday) and envelopes with money or details of credit card transactions should be brought in on that day. Please read all the details on the photo envelope. Replacements or family photo orders can be collected from the Resource Centre.

DEBATING
This year, we have entered three teams in the QDU Debating competition. The Year 7 and 8 teams hit the ground running with a debate next Wednesday night (1st March) and their topics are: Year 7 ‘That schools should not have Bring Your Own Device (BYOD) policies’ (we are affirmative)
Year 8 ‘That, if we could choose, we would rather be famous’ (we are affirmative).
The Year 10 team has an extra week starting on 8th March with the topic: ‘That voting in elections should be subject to passing a general knowledge test’ (we are negative).

The Year 8 and 10 teams are renewing their commitment to debating from 2016 but of course we have a Year 7 team who will need to be ‘shown the ropes’ in 2017.

PAGETURNERS
‘Pageturners’ met last week with the brief to read one of the top eight selling novels of 2016. I chose to read ‘Big Little Lies’ by Liane Moriarty. I was somewhat sceptical of this author before reading the book but have been converted to her writing largely due to her engaging characters, plot devices and fantastic twists. Next month the plan is to read something ‘green’ with our meeting the day before St Patrick’s Day. I’ve decided to read ‘Travels With My Aunt’ by Graham Greene.

PURCHASES
Inspired by my recent reading, I purchased another in the Liane Moriarty collection, ‘Truly, Madly, Guilty’ for the Resource Centre. I also bought ‘The Light Between Oceans’ which has been a best-selling novel and is now a film. Some of the Year 11 students are completing a unit on spy novels so I ‘tapped up’ our collection with a Higgins book.

DISPLAYS
Our Year 7 students are some of our best borrowers so we have two displays - one, comics and graphic novels and the other general reading - aimed at their interests. We also put together a collection of ‘chick-lit’ for Year 11s completing that unit. Finally, Year 10 English students are working through a unit on the supposed ‘darkness’ of teen fiction and there is a display from which they can borrow.

Jenny Sullivan
Teacher Librarian

USQ Get Writing Comp
Are you the next Shakespeare or JK Rowling?
If you are a high school student in years 7-12 with a passion for writing poetry or short stories this competition is for you! Enter to win some cool prizes including membership to your local State/Territory Writers Centre and $200 worth of prizes.

Terms and conditions must be read prior to commencing entries. Then, get writing! Construct your poetry and/or short story masterpiece. Poetry entries should be no more than 30 lines with short story submissions no more than 500 words.

Register online in one of the following categories: Junior Poetry (Years 7-9), Junior Short Story (Years 7-9) or Senior Poetry (Years 10-12) and Senior Short Story (Years 10-12).

For terms and conditions along with further information on entering, head to usq.edu.au/get-writing
Science and Mathematics

Term 1 is well and truly underway for students in Science and Mathematics with many activities, excursions and events occurring. This week, our Year 11 senior biologists embarked on an excursion to various locations along the Myall Creek and the Dalby Water Treatment Plant. They are currently studying populations; with this field trip forming a part of their assessment. This will enable them to study the impact humans have on the micro invertebrate and macro invertebrate populations within this fresh water ecosystem.

Next week, 28th February, my senior science team - Julie Lack, Scott Hefron, Mark Wallace, Lucy Galea and myself are looking forward to meeting parents of our senior science students at our Science Information Evening. This is an annual event where we outline to both you and your child the senior science course of study and the various assessment techniques. It would be appreciated if you could return the slip indicating numbers attending for catering purposes.

Later in the term, Senior Physics students and Year 11 Biologists have an opportunity to attend the World Science Festival in Brisbane. We require payment for this excursion by March 1st so we can secure our place.

Many students in years 10 - 12 are completing a school based apprenticeship or a certificate course, meaning many would be missing 1 or 2 lessons of mathematics per week. Each of these students have received a term overview outlining their course of study, including which exercises of their textbook would need to be covered for the week. Can you remind students that it is their responsibility to keep on top of this work and to access help from their teachers during lunch times. In addition, many senior maths staff are present at Homework Club every Wednesday, this being an ideal opportunity to seek clarification with any maths work.

Our Year 7 scientists have been busy obtaining their Bunsen Burner licences and other various laboratory skills that will ensure their and students need be mindful of when they require black leather shoes as per the uniform policy.

Back to Front Maths has been implemented in Junior Secondary classes - the first year we have implemented this line of teaching with staff reporting many positive learnings occurring in classes. Enjoy the remainder of this term and if you have any concerns please make contact with either myself or your child’s teacher.

Nancy Pattel
HOD Science and Mathematics

String Instruments

There are school string instruments available for use including a viola, two cellos and two double basses. Any interested beginners would work together in a group. If you would like to take up this opportunity, see Mr Spiller at school on Wednesdays after 11.00pm in Rossvale. A school instrument loan form will need to be completed.

Pittsworth Show

Students are reminded to bring back items for entry in this year’s Pittsworth Show. Please bring Textiles work to Mrs French in C1 or C2 staffroom and Art to Mrs Williams in G Block. It can be any work completed at school in the past 12 months including 2017. Please bring items by Tuesday 7th March.

Theresa French
Show Steward

School Photo Day

This Wednesday 1st March, PSHS Resource Centre
Please bring photo envelopes on this day

It is a requirement that full formal school uniform be worn on this day. Students may change into their sports uniform for HPE classes as required.

Year 12 English

Last Friday, Year 12 English students enjoyed yet another brilliant show from Shake and Stir. Their version of Shakespeare’s ‘Macbeth’ is an invaluable part of our preparation for our first task - a dramatic performance centring on the play’s construction of key characters. The Year 12s have been progressing well, demonstrating persistence and positive attitudes (in class, anyway!) as they wend their way through Shakespeare’s bloodiest play.

Kristy Thomson
Head of English

Foods and Textile Design

Year 7 students are gaining hand sewing skills with their pencil case decoration. They have learnt running stitch, how to sew on a button and how to do simple applique.

Theresa French
Foods and Textile Design teacher

Condamine News

Wait, what did you say? Week 5 already! Wow, that’s gone quick. A flurry of meetings, parades and already a house challenge down. A difficult battle of turning up on time, with our equipment and in our uniform. Phew, it was tough. So tough that we came second to Yandilla! We performed well but hope to go one better in tug of war this week. We’ve all been on high protein diets and doing strength training - you know, just the usual push-ups, flipping tractor tires, lifting bags of flour. We’re pretty sure that now we’re all buffed up, we’ve got a good chance of beating the others. And that’s just the small stuff.

With the Swimming Carnival drawing near, we need all the practice we can get. We’re going to need to try hard to keep our winning streak of 1. Let’s hope our area stays clean, our voices are gone by the end of the day, and the pool is overflowing with Condamine swimmers. But most of all, let’s be the house that has the most fun!

Friendly reminder that Condamine has many members who suffer from asthma, so let’s leave those aerosols at home.

Have a great week from your favourite house, Condamine.

Lani Collins,
Junior Secondary Condamine House Leader
Weekly Results

Friday 24th February

Mighty Minds

Year 12

Last week, Year 12 OP students benefitted from a two-day workshop with Mighty Minds that focussed on preparing students for the QCS test. Working through numerous QCS units drawn from the multiple choice and short response exam, students developed their skills in numeracy, literacy and visual literacy. The 12s were committed, with the vast majority sustaining their focus to the end. We continue QCS prep this week with sessions on the writing task starting on Wednesday. It is imperative that students do not miss QCS sessions – the 12s are very clear on the fact that how they perform on the QCS affects everyone’s OP score. QCS is ultimately a team sport – we are aiming for the highest mean score we can get and that needs every student on board and focussed throughout.

Students received the QCS schedule in week one and a copy has previously been included in the newsletter. We include another copy this week so parents can avoid scheduling any appointments during our QCS sessions.

It became very clear in the sessions that too many students are not doing enough work at home – they should be aiming for an average of at least three hours a night. If students say they have no homework they should still be reviewing their class notes, setting themselves new problems to solve, researching more information on the subject matter, reading (for at least twenty minutes a day). Your assistance in helping our 12s to develop good study habits is much appreciated.

Year 11

Year 11 students were all involved in a two hour workshop with Mighty Minds focussed on how to succeed in senior. Key messages included the importance of having a dedicated study space – not studying on one’s bed; reading for at least twenty minutes every day; knowing how to learn best – auditory, kinaesthetic or visual. Students in this cohort need to be doing more work at home to achieve their best – please see the suggestions above should your Year 11 student claim they have no homework.

Year 11 OP eligible students were engaged for the rest of the day with QCS preparation. They are to be commended for their focus as they need to be doing more work at home to achieve their best - please see problems to solve, researching more information on the subject matter, working through a number of challenging problems.

Kristy Thomson

Inner Downs Zone Primary School Sport Calendar

<table>
<thead>
<tr>
<th>SPORT</th>
<th>IDZ TRIAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swimming</td>
<td>Wednesday 22nd March</td>
</tr>
<tr>
<td>Football - Boys</td>
<td>Tuesday 2nd May</td>
</tr>
<tr>
<td>Netball</td>
<td>Tuesday 14th March</td>
</tr>
<tr>
<td>Hockey - Boys &amp; Girls</td>
<td>Monday 13th March</td>
</tr>
<tr>
<td>Rugby League - Boys U12</td>
<td>Monday 13th March</td>
</tr>
<tr>
<td>Rugby League - Girls</td>
<td>TBA</td>
</tr>
<tr>
<td>Rugby Union</td>
<td>SCHOOL BASED NOMINATIONS</td>
</tr>
<tr>
<td>Softball - Boys &amp; Girls</td>
<td>Tuesday 21st February</td>
</tr>
<tr>
<td>Swimming</td>
<td>Friday 17th February</td>
</tr>
<tr>
<td>Tennis</td>
<td>Tuesday 7th March</td>
</tr>
<tr>
<td>Touch Football - Girls &amp; Boys</td>
<td>Wednesday 26th April</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>Tuesday 8th August</td>
</tr>
<tr>
<td>Orienteering</td>
<td>SCHOOL BASED NOMINATIONS</td>
</tr>
</tbody>
</table>

NOTICE OF AGM

for Brookstead Bus Conveyance Committee

Route S118
to be held on Wednesday, 8th March 2017 at 5.00pm at Brookstead State School.

Parents or carers of eligible children are encouraged to attend.

Please phone or text Belinda Saul on 0408069631 if you are able to attend.
Yandilla Leaders

Mikaylah Boyce
Hi, I am Mikaylah Boyce Yandilla House Leader, alongside Alex Ferdinand for 2017. The new year has opened with many great opportunities for me that I am very grateful for. Yandilla house leader has tested my leadership skills and has allowed me to form many strong friendships with my fellow Yandilla team mates. My goals for this year include taking every opportunity thrown at me and forming strong lifelong friendships that will be cherished forever. After school, I would like to continue with horse riding and eventually work on a station to fulfil my love of the country and stock work.

Alex Ferdinand
As the Yandilla House Captain of 2017, alongside my captain Mikaylah Boyce, I feel I could bring a fresh start and hopefully a winning year to the house of Yandilla. My first goal is to influence all students to be involved and enthusiastic in sporting, academic and cultural events throughout the school year, and embracing each chance they get through their schooling. Secondly, I would like to leave a positive attitude towards the house of Yandilla and to be an excellent role model to the younger grades. Finally, I would like to leave the school with a year where Yandilla wins.

Amy Sturgess
This year, I am privileged enough to be Junior Secondary Yandilla House Leader. I hope to bring energy to the role and encourage school spirit throughout the year. I also plan on reinforcing our school values – the 4 Ps – at any opportunity.

Jordan Cunningham
Hi, my name is Jordan Cunningham and I’m a racing car driver but more importantly, Junior Yandilla House leader. I’m working towards reducing the volume of litter around our school and assisting people to manage their anger.

Positions Vacant

A School Based Electrical Apprenticeship is available for a current Year 12 student with a local employer. The employer may consider a Year 11 student. If interested please see Maree or Kerri in 4B.

Below are current vacancies for apprentices and trainees through GoldenWest Apprenticeships. Visit the GoldenWest website for further information (www.goldenwest.org.au).

- 2nd, 3rd or 4th Stage Carpenter Apprentice: Full-time 03/03/2017 Toowoomba
- 1st, 2nd or 3rd Stage Light Vehicle Apprentice: Full-time 03/03/2017 Toowoomba
- School-based Electrical Apprenticeship: School-based 03/03/2017 Toowoomba
- 2nd, 3rd or 4th Stage Commercial Cookery: Full-time 24/02/2017 Dalby
- 2nd or 3rd Stage Sheet Metal Apprenticeship: Full-time 03/03/2017 Warwick
- Agricultural Traineeship: Full-time 24/02/2017 Wyreema
- Agricultural Traineeship: School-based 24/02/2017 Nobby
- Business Administration Traineeship: School-based 24/02/2017 Cunnamulla
- Kitchen Operations Traineeship: School-based 24/02/2017 Cunnamulla
- Horticulture Traineeship: School-based 24/02/2017 Charleville
- Business Administration Traineeship: Full-time 03/03/2017 Charleville
- Business Administration Traineeship: Part-time 03/03/2017 Charleville
- Construction Traineeship: Full-time 03/03/2017 Charleville
- Business Administration Traineeship: Full-time 03/03/2017 Roma
- Business Administration Traineeship: Part-time 03/03/2017 Roma
- Hospitality Traineeship: Part-time 24/02/2017 Brisbane
- Commercial Cookery Apprenticeship: Full-time 24/02/2017 Brisbane
- Commercial Cookery Apprenticeship: Part-time 24/02/2017 Brisbane

Cattle Show Team

Pittsworth State High School Cattle Show Team results from the recent Clifton Show on 17th and 18th February:

- All Breed Heifer (12-14 mths): 4th Mia - Alysia Cooper
- Australian Lowline
  - Bull Under 12 mths: 1st Pittsworth Model - Delanie Holmes
  - Bull 16 mths & Under 20 mths: 1st Lik Lik Legend - Sophie Pearce
- Junior and Grand Champion Bull
  - Pittsworth Model - Delanie Holmes
- Reserve Junior Grand Champion Bull
  - Lik Lik Legend - Sophie Pearce
- Female
  - Under 12 mths: 1st Lik Lik Melina - Emily Denning
  - Under 12 mths: 2nd Lik Lik Majestic - Cheyenne Fraser
  - 12 mths - Under 16 mths: 1st Lik Lik Mia - Alysia Cooper
  - 12 mths - Under 16 mths: 2nd Lik Lik Lunar - Georgia Morris
  - 16 mths - Under 20 mths: 1st Lik Lik Liberty - Courtney Janke
  - 16 mths - Under 20 mths: 2nd Alycam Lucerne - Emily Caesar
  - 16 mths - Under 20 mths: 3rd Lik Lik Lotus - Kaylah Cighton
- Junior Champion Female
  - Lik Lik Melina - Emily Denning
- Reserve Junior Champion Female
  - Lik Lik Liberty - Courtney Janke
- Female Over 30 mths
  - 1st Lik Lik Jelina & Midori - Hayley Nothdurft & Delanie Holmes
  - 2nd Sunrise Jubilee & Milan - Alice Purcell & Jade Fraser
  - 3rd Lik Lik Heiress & Max - Christina
- British Exhibitors Group
  - 3rd Lik Lik Lowlines (Legend, Liberty, Lotus) - Sophie Pearce, Courtney Janke, Kaylah Cighton
- Stud Cattle Young Judges
  - 15-25 Years: 1st Cheyenne Fraser
  - 2nd Alysia Cooper

Finalists: Alice Purcell, Sophie Pearce, Tracey Denning, Delanie Holmes.

Both Cheyenne and Alysia have qualified for Darling Downs Sub Chamber to represent Clifton Show.

Darling Downs Swimming

On Tuesday we had three athletes representing Pittsworth State High School at the Darling Downs swimming trials. It was a very tough competition with 30 schools from around the region in attendance. Hannah Quinn, Jack Gordon and Maxine Lovell represented the school well with their behaviour, sportsmanship and performance with all three athletes placing in the top 10 for their events. This is a fantastic effort from the students given the high calibre of performance within swimming across the region. Congratulations to all three on their achievements.

Bella Sisters

Bella Sisters is a girls youth group that aims to see young women know they have purpose, are valued and belong. Come along and enjoy our Bella family!

When: 1st March, 15th March and 29th March
6:30pm - 8:30pm
Where: Harvest New Life Church, 129 Short St, Pittsworth
Who: Girls grade 7-12
Cost: Nil
Contact: Lyndsay Beattie 0437 569 333 Sharlene Vonhoff 0409 279 142
Friday Night Basketball

Friday Night Basketball is in full swing with the third round of games being played last Friday night. Results from these are as follows:

Year 7/8 Girls won 24-14, defeating St Ursula’s
Year 7/8 Boys defeated Highfields, 57-32
U15 Girls were narrowly defeated 34-30 by St Ursula’s
U15 Boys were defeated by Highfields, 56-27
Open Girls were successful against St Ursula’s, 33-22
Open Boys won a close match against Warwick, 34-33
Open Boys B were defeated by Concordia, 64-8

Tonight, our basketballers will travel to St Mary’s with the boys taking on St Mary’s and the girls St Saviour’s. Boys B will play at Downlands against Warwick.

Our Year 7/8 Boys team is currently undefeated in the Friday Night Basketball competition.

All Star Player’s Player results: Open Girls - Morgan Prentice and Brittney Allan. Open Boys - Owen Marsden and Jack Guymer.

Do you enjoy the air we breathe?

Asthma is increasing in prevalence and severity within our nation, affecting one in seven secondary school students in Australia! It is well documented that the spray from aerosol cans can trigger severe reactions in some asthmatics.

Due to the large number of students and staff suffering from asthma within the school and considering health and safety issues, Pittsworth State High School bans the use of aerosol spray cans. This means no aerosol cans eg hairspray, deodorant or perfumes are to be brought to school or used within the school grounds. Any cans found at school will be confiscated and returned at the end of the day. During hot, summer weather, many young people like to care for their health and hygiene which usually includes the use of deodorant.

We encourage students to continue to maintain hygiene standards; therefore the use of roll-on anti-perspirant deodorants is a permitted alternative.

Thank you for assisting with the health and safety of all students and staff at Pittsworth SHS.

Fiona Flegler
School Youth Health Nurse

Visual Arts Practice

Toowoomba professional artist Bronte Naylor visited the Year 11 and 12 Visual Arts Practice class on Friday, 10th February to run an hour long mural painting workshop. Bronte gave the students plenty of tips about how to paint a large scale mural, skills that will be helpful over the next few weeks as students have embarked on painting a mural at the Pittsworth Show Pavilion.

A lot of confidence was gained from the workshop and all are really excited about this project.

Tuckshop Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Help Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>February</td>
<td></td>
</tr>
<tr>
<td>27 - Help Required</td>
<td></td>
</tr>
<tr>
<td>28 - Help Required</td>
<td></td>
</tr>
<tr>
<td>March</td>
<td></td>
</tr>
<tr>
<td>1 - Help Required</td>
<td></td>
</tr>
<tr>
<td>7 - Help Required</td>
<td></td>
</tr>
<tr>
<td>2 - Help Required</td>
<td></td>
</tr>
<tr>
<td>8 - Help Required</td>
<td></td>
</tr>
<tr>
<td>3 - Sheree Robinson</td>
<td></td>
</tr>
<tr>
<td>9 - Help Required</td>
<td></td>
</tr>
<tr>
<td>6 - Help Required</td>
<td></td>
</tr>
<tr>
<td>10 - Help Required</td>
<td></td>
</tr>
</tbody>
</table>

URGENT ASSISTANCE NEEDED

A rostered day would be from 9am to 2.30pm.
If you are able to assist on any of the help required days, or any other day, please phone Kaye on 4619 8125
“...the cultivation of youth”

Rotary Youth Program of Enrichment
For 14 – 17 year olds

When: Fri, April 21, 4pm – Sun, April 23, 2pm
Where: Camp Duckadang
177 Aurora Creek Rd, Lirlite QLD 4306, Australia

Would you like to:
✓ Personally develop
✓ Challenge yourself
✓ Build friendships with like-minded people
✓ Realise your own potential
✓ Build life skills in
  o Leadership
  o Working in a team
  o Communication
  o Goal setting

HAVE FUN

The RYPEN program offers a variety of activities over the weekend that allow participants to increase their knowledge and their skills in all these areas while having fun and making new friends.

FOR MORE INFORMATION
Contact the Rotary Club of Pittsworth
Ross Warfield 0417 854 508
Jenny Green 0427 623 195

Pittsworth Rotary will cover costs of the camp all we ask is that parents organise transport to and from the camp.

Upcoming Events in Junior Secondary

School Photos
Wednesday, 1st March

PSHS Swimming Carnival
Wednesday, 1st March

Year 7 Immunisations
Friday, 24th March

Year 7 Time Capsule Ceremony
Monday, 27th March

Junior Secondary Strength Conference
Tuesday, 28th March

Year 7 Camp - Tallebudgera
Wednesday-Friday, 19th, 20th & 21st April

WATCH THIS SPACE!
**P&C MEMBERSHIP APPLICATION FORM: 2017 SCHOOL YEAR**

Name/s: ____________________________________________________________________________________________

Address: ____________________________________________________________________________________________

Phone Number: _______________________________________

Student/s: _________________________________________________   Year Level:  _____________________________

Year Level:  _____________________________

Signed:  __________________________________________________  Date:  __________________________________

**CANTEEN ASSISTANCE - 2017**

* CANTEEN VOLUNTEERS MUST COMPLETE P&C MEMBERSHIP APPLICATION FORM

<table>
<thead>
<tr>
<th>I am able to assist......</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly, Full Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monthly, 9am – 12pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Every 6 wks, Full Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Every 6 wks, 9am – 12 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once per Term, Full Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once per Term, 9am -12pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

I am unable to help, but have enclosed a donation of   $   _______________

* Donations can also be made by direct deposit, as per bank details below.

Student/s Name:  ____________________________________________________________________________________

Parent/Guardian Name:  ____________________________________________________________________________

Signature: ___________________________________________________     Phone:  ______________________________

**P&C ASSOCIATION CONTRIBUTION SCHEME - 2017**

While this scheme is voluntary, we encourage you to participate.

Complete this form and forward (with payment) to the school office, or directly to PO Box 166 Pittsworth Q 4356. Payments can also be paid by direct deposit to the P&C Association.

**BANK DETAILS:** BSB: 064 427 ACCOUNT: 10044591 REFERENCE: is to be your family/child’s name.

**Please make payment by commencement of school year.** A receipt will be forwarded to you from the P & C Association.

- [ ] I wish to contribute $50 and have enclosed payment with this form. (Cheques made payable to Pittsworth SHS P&C Association).
- [ ] I wish to contribute $50 and have paid by DIRECT DEPOSIT.

Parent/Guardian Name: ………………………………………………………………………………………………

Address: …………………………………………………………………………………………………………………

Name of eldest student in family: ………………………………. Phone No: ………………………………

**PLEASE RETURN COMPLETED FORM TO THE SCHOOL OFFICE**